Meals on Wheels Durham - Hot Meals Menu

November 2024

	TOTAL STREET,			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5	6	7	8
Meatballs	Salisbury Beef w/	Bourbon Pork Roast	Beef Patty	Turkey Tetrazzini
Spaghetti Sauce	Mushroom Gravy	Macaroni & Cheese	Sliced Cheese	Green Peas w/Red Pepper
Tater Tots	Rice Pilaf	Collard Greens	Ranch Beans	Sliced Carrots
Broccoli	Whole Kernel Corn	Dinner Roll	Mixed Vegetables	Texas Bread
Hot Dog Bun	Wheat Bread	Fresh Fruit	Hamburger Bun	Fresh Fruit
Apple Juice	Mandarin Oranges	Milk	Tropical Fruit	Milk
Milk	Milk	Margarine	Milk	
			Ketchup	
11	12	13	14	15
Western Baked Beef	Parmesan Chicken	BBQ Pork Riblet	Beef Fiesta	Creamy Paprika Chicken
Cheesy Rice	Penne Pasta	Ranch Potatoes	Macaroni & Cheese	Whipped Potatoes
Green Peas	Broccoli	Corn O'Brien	Fiesta Vegetable Blend	Brussels Sprouts
Dinner Roll	Tossed Salad	Hamburger Bun	Green Beans	Texas Bread
Tropical Fruit	Dinner Roll	Applesauce	Dinner Roll	Fresh Banana
Milk	Mixed Berry Juice	Milk	Fresh Fruit	Milk
Margarine	Milk	Milk	Milk	
40	10		~	
18	19	20	21	Doub Doort w/Crown
Baked Chicken	Sliced Ham	Sweet n Sour Meatballs	Smothered Chicken	Pork Roast w/Gravy
Gravy	Navy Beans	Brown Rice	Macaroni & Cheese	Whipped Potatoes Green Beans Amandine
Whipped Potatoes Lima Beans	Turnip Greens Cornbread	Green Peas w/Red Pepper Dinner Roll	Mixed Vegetables Wheat Bread	Texas Bread
	•		• •	, ,
		IVIIIK	IVIIIK	
IVIIIK	iviaigaillie			iviaigaillie
25	26	27	28	29
Creole Beef Patty	Cranberry Dijon Chicken	Teriyaki Pork Roast		
Spiced Brown Rice	Roasted Potatoes	Rice Pilaf	MOWD	MOWD
Green Peas w/Red Pepper	Mixed Vegetables	Glazed Carrots	OFFICE	OFFICE
Texas Bread	Texas Bread	Dinner Roll	CLOSED FOR	CLOSED FOR
Fresh Fruit	Mandarin Oranges	Tropical Fruit	THANKSGIVING	THANKSGIVING
Milk	Milk	Milk		
Margarine	Margarine	Margarine		
				IRIO
				Community Meals
	i	i e e e e e e e e e e e e e e e e e e e	MEALS on WHEELS	
				an elior company
			DURHAM	an elior company
Dinner Roll Fresh Fruit Milk 25 Creole Beef Patty Spiced Brown Rice Green Peas w/Red Pepper	Berry Juice Milk Margarine 26 Cranberry Dijon Chicken Roasted Potatoes Mixed Vegetables	Fresh Fruit Milk 27 Teriyaki Pork Roast Rice Pilaf Glazed Carrots	Pineapple Tidbits Milk 28 MOWD OFFICE	Pineapple Tidbits Milk Margarine 29 MOWD OFFICE